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| Name: mr.Yogendra | Reg No: 6-10SMHC17 |
| Age / Sex:34 M | Contact No:7829444405 |
| Marital Status:ML- 7 YRS. | Date:26/10/17 |
| Occupation: MAHIINDRA COMPANY ACCOUNT MANAGER(BSC MBA FINACE | Dr. PJFP |
| Address:  NATIVE OF UDUPI.  BLORE SINCE 13 YRS | DIAGNOSIS- |

1. BLEEDING PER RECTUM SINCE 6 MONTHS.

ALONG WITH STOOL GETS BLOOD. LAST BLOOD CLOT COMES OUT.

ITCHING MILD BEFORE .SOMETIMES AFTER.

EARLIER APPLIED OINTMENT BUT NOW NOT USING.

VEGETERIAN.

2 YEARS BACK BLOODY STOOLS TOOK AYURVEDIC RX GONE THEN FRM 6 MONTHS COMING AGAIN. TOOK AYUR RX BUT STILL FEARS IT MAY INC AS HE IS NOT FINDING MUCH RELEIF LIKE BEFORE.( ANXIOUS).

1. FROM 2-3 MONTHS FEELS WEIGHT GAIN.

PAST H/O:

* GOT OP FOR SOME BONY PROMINENCE IN EAR FR THT COULD NOT HEAR SO PUT SOME PISTOL TYPE FOR SOUNDWAVES TO PASS. 8-10 YEARS BACK GO OP FR THT.
* GOT OP FR DNS- 2ND PUC AGE.

FREQUENTLY CATCHES COLD SLIGHTEST COLD. GETS PAIN IN TONSILS REGION AND FEELS EAR BLOCK.

RECENTLY STARTED TO CHECK AGAIN ND AGAIN WHETHER HE DID IT OR NOT. ONLY HIS WORK. HAD IT FROM MANY YEARS BUT OFF LATE INC.

DOES YOGA TO REDUCE HIS MENTAL ANXIETY BUT STILL NOT CONTROLLED.

IF ANYTHING IS SAID HE ANTICIPATES IT LIKE IN FUTURE IT WILL HAPPEN LIKE THIS. RUNNING THOTS.

AMEL SLEEP NEVER GETS HIS SLEEP DISTURBED. SOUNDS NOTHING DISTURBS HIM.

DREAMS OF DAILY WORK. WHATEVER HE SPOKE DURING THE DAY HE FEELS HE SEES THE CONTINUATION OF IT IN HIS DREAM.

* ( FEELS INCOMPLETE IN WORK)

THO HIS COLLEAUGUES AND BOSS SAYS HE DOES WELL N PERFECT. HE LIKES MATHS GOOD AT IT. IN MATHS ALONE 96%.

GOT 7 YEARS BACK MARRIED BUT NO PHYSICAL CONTACT AT ALLL. SAYS HE WANTS IT BUT DOESN’T LIKE OT FORCE. SEEING OTHERS HE TOO WANTS KIDS. WIFE IS STUBBORN N DOESN’T LIKE HIM SAYS SHE WAS FORCED TO MARRY HIM. RELATIVE ACTUALLY. ALWAYS POINTS OUT AT HIM WATEVER HE DOES. SAYS HE CANT LEAVE BECAUSE IS PARENTS HAVE GOOD NAME IN SOCIETY AND HE TOO DOESN’T LIKE TO GET BAD NAME. CRIES AT NIGHT WITH GOD REMEMBERS HIS SISERS KIDS AND CRIES TOO. IN OFFICE IF GETS ANGRY WILL SHOUT IF GETS FREQUENT MOBILE CALLS WILL THROW THE PHONE.

DOESN’T HAVE ANY EXTRA MARITAL RELATIONS.

1. HAIRFALL FROM 1 YEAR. BALD. DANDRUFF STARTED AFTER USING HAIR OILS AYURVEDIC.

MOTHER- 60- BP,DM, JOINT PAIN,

DAD: 70- HEARING PROBLEM DEAF FROM HIS 30 YEARS AGE.

1 ELDER BRO N 1 YOUNGER SIS.

FEAR OF DRIVING GEAR VEHICLES THT HE MAY DASH USES ACIVE HONDA AND CAR HE RETURNED ONCCE AS HE DASHED IT.ALONE HE DOESN’T DARE TO. IF ANYONE IS THERE HE WILL DRIVE WELL.

LIKES WARM. CANT TAKE COLD.

SNORES MORE.

RX:

1.ACID NIT 30 – 4-0-4 DISC

2. LYCO 30 – 4-0-4DISC

3. PULS 30 – 4-0-4DISC

**- FOR COLD:**

1. GELS 1M+HEPAR SULPH 200+ BELL 200 – 4 PILLS 2 HOURLY WITH WATER FOR 3 DAYS.

31/10/17: coughing more ear pain. backpain, legpain, fever frm yday. No chills. Itching in the throat. Cough. < morning. Green color mucus.

Rx:

1. Ars 1m+wyethia1m+bell1m

2. hep sulph1m – disc 4.

2/12/17: till 4 days back he was fine but again started bleeding. Spells of checking rechecking things he had done. Normal stool going fr 3 times a day evry time he ges it is painless. Cant take slightest cold also. Feels heaviness n irritation.

Rx:

1. Tub 200 – 1 dose.
2. Sulphur 200 – 1 dram pills 4-4-4-4.
3. Rub 15 – 1 dose night b/food.
4. Aloes30+podo30 disc 4-4-4-4.

15/12/17: muscle catch in the neck region. Pain better lying on back. Took pain killer frm which agn pain started.

Rx:

1. mag phos 200 +caust 200+rt 200 – 4-4-4-4

2.Rheumasag oil.

3. thuja 1m – 1 dose. 20/12/17

4. sulphur 1m – 1 dose.27/12/17.

5. nitric acid 200 – od

6. Rub 15 – 1 dose nt.b/food.

5/1/18: bleeding had fr 4 days. But better than before.

Had an office checkup in which his bp was hig n hdl low n ldl n vldl was high. Thoughts continue. Checking and rechecking. Thinking about future continuous thought unable to stop his thots. Talks to himself feels like he is talking to his sis children. Feels hair fall is more.

Rx:

1. syphilinum 1m – 6th jan 2018
2. hamamelis Q 10-10-10 drops a/food water.
3. Rub 30 – 1-0-1 b/food .

3/2/18: feeling better. Training his mind to stay positive.

1. Carc1m – 1 dose – 6/2/18
2. Rub 30 – 1-0-1 b/food .
3. Nat mur 6x 4-4-4-4.
4. C.veg30 /lyco30 – 4 pills sos gastritis.

Take 450

29/11/03: LITTLE SPICY FEELS BLEEDIGN IN RECTUME 2 WEEKS BCK LOT OF PAIN IN THE CHEST. BURNING UPPER ABD. AGAIN TODAY FEELING THE SAME. AFTER GASTRITIS FEELS THAT IT IS BLEEDING MORE. FEELING MIND DISTUREBED. CHECKING ONLY MORE. HAIRFALL MORE. 10 DAYS ONLY STARTED BLEEDIGN.

RX:

1. ROBINIA 30 – 3 PILLS SOS.
2. ARG NIT 200 3-0-3 AFTER FOOD.DISC
3. MEDO 1M – 1 DOSE NT B/FOOD.
4. NAT PHOS 12X 4-4—4-4.

25/4/18: knee pain < standing(feels some pressure on the knees. >walking. is a bit more frm 2 days. Hairfall reduced bt more at the bald region. Bleeding red, gastritis red,

Rx:

1. ROBINIA 30 – 3 PILLS SOS. 2 dram pills
2. ARG NIT 200 3-0-3 AFTER FOOD.DISC
3. MEDO 1M – 1 DOSE NT B/FOOD.
4. NAT PHOS 12X 4-3-4.
5. Rhus tox 200 – 1 dose
6. Month med. 1000..

28/6/18: bleeding since 2 weeks. Burning a little. Mid and low Abd pain since 1 month. Writes down the symp feels may forget. Knee joint pain one joint at a time. Smtimes back pain. mind a lot of relief. Can take lemon water during gastritis. At times itching anus. Dandruff started again. Mentally feeling better. Able to take things betterthan before. Checking and rechecking also feels better. Whenever sleepless then gets these symp.

Rx:

1. Medo 1M- 1 dose.
2. Rub 15 days.
3. Robinia 200 – 4 pills sos. Gastritis.
4. Lyco 1m – july 5th 1 dose mng empty stomach.

13/7/18: bleeding not there. Dandruff o/e – scalp clean.

Rx:

1. Medo 1M- 1 dose.
2. Rub 15 days.
3. Robinia 200 – 4 pills sos. Gastritis.
4. Lyco 1m – july 23 dose mng empty stomach.
5. Nat mur 200 – disc 3-0-3 .

28/07/18:

BLEEDING 5 DAYS BACK FR 2 DAYS. FRM TODAY NO BLEEDING. SNORING INC THSES DAYS. GOT OP FR DNS 18 YRS BACK. LOW BACK PAIN ALTERNATING WITH KNEE JOINT PAIN.

RX:

1. STAPHY 1M – 1 DOSE.
2. MEDO 1M – 1 DOSE.3RD WEEK.
3. RUB 30 1 DOSE NIGHT B/FOOD.
4. ARG NIT 200 – 4-4-4-4. 2 DRAM PILLS ALT WEEKS.

2/8/18: BACK PAIN IN THE LOW BACK AND EITHER SIDE BUTT. SOMETIMES IN THE T2-T4 AREA. SITTING ON THE FLOOR ON ONE BUTT. ACHING TYPE.

RX:

1. AESCULUS 1M – 4-4-4-4. 2 DRAM.
2. FIL CAL 0-0-1 B.FOOD

30/8/18: bleeding occasional. Pain in low abd at times. Back pain loins region. Sweating a bit. Snoring. Feels better with exercise backpain.

* Medo1m/sil 200.
* Pentaphos 2-2-2
* Rub 30 – 1 tab nt b/food.
* bry1m+rhus tox1m disc 3-3-3-3 for 4 days repeat weekly 4 days.

24/9/18: traveled a week then had some back pain. from centre to left and then goes to right. Sometimes only boths sides. Gastric bloating abdomen. Bleeding again starting. Sweating after walking and taking rest. If lies on back feels better. Cant walk straight feels pain like catching. Like pin prick burning pain.body heat feels like tht..

Rx:

1. carboveg30 – 4pills sos. Gastric..
2. Gelsimium1m – 4-4-4-4 1 week.

29/9/18: sneezing more in the <evening., ac. Tsh normal. Cholesterol hdl – 36. Ldl – 104. Backpain better.

Rx:

1. Arsenic 1m/thuja1m – 4-4-4-4
2. Gelsimium 1m – 4 pills sos backpain
3. Gelsimium 200 – 4-4-4-4 disk.
4. Rub 30 – 1 dose night b/food.
5. Bb40 balm – 1.
6. Homoecal – 4-4-4-4.
7. Cholestrinum200- pills 4 pills mng b/food.

14/11/18:

Rt.side buttock burning sensation 5-6 days. Backpain imm after getting up in the morning. Breathing is slightly difficult when doing yoga. Started yoga 15 days.

Rx:

1. Fel tauri 3x 2-0-2 a/food.
2. Arsenic 1m/thuja1m – 4-4-4-4 4 dram pills – alternate weeks. For 5 days each week.
3. Gelsimium 1m+rhus tox 1m – 4 pills sos backpain
4. Rhus tox 1m+colocynth200+guiacum200 – 4-0-4 b/food. Disc.
5. Kaliphos 6x 4-0-4.
6. Rub 30
7. Rheumagic oil.

3/1/19:

1.alt nose block,throat irritation,rt side more affinity

Rx:

1.hs1m+lyco1m+arum triph200 2 dram pills 2nd hourly 4 pills for 3 days f/b 4-4-4-4-4 for 4 days

2.rub 14 tab mrng b/food

3.nux vom 200 1dose st

r/a 1 week

12/3/19: SIDE OF ABD PAINING. STOPPED BIKE SARTED TO GO BY METRO. HEEL PAIN AND KNEE PAIN. <HANGING AGG FEET. MUST REST FOOT ON THE FLOOR. < LYING SIDES PAIN. BLEEDING PR ON AND OFF WHENEVRE THER IS PAIN IN THE ABDOMEN. WT: 78.8 KG

RX:

1. CARDUS MUR/HAMAMELIS – 15-0-15 A/FOOD WATER.
2. RUB 15 – 1 TAB NIGHT B/FOOD.
3. COLOCYNTH200 – 4-4-4-4 A/FOOD.
4. CALC FLOUR 6X 4-0-4

27/4/19: at times gets low abd pain. heart burn. Bleeding per rectum. At times heel pain and knee pain. painless. More sweating, tension in office work. More anger. Getting angry easily. Wants to quarrel. Bp: 150/120mmhg. feels constipated after milk.

Rx:

1. Nux vom1m/staphy1m/hamamelis1m. – 4-4-4-4.
2. Rauwolfia 1x – 1-1-1-1.
3. hydrastisQ/KurchiQ-20-20-20 drops a/food water.
4. Rub 15 – 1 tab night .

3/5/19: bp: 140/110mmhg. feeling better. Grade 2 haemorrhoids. Bleeding per rectum small drops.

Rx:

1. Aurum met1m – 3 doses – 5 days once b/brush.water.

22/5/19: had food outside in function had lot of bleeding pr. Had sweating in the afternoon. Bp: 160/110 mmhg. feels ear blocking in the morning.

Rx:

1. Amyl nitrate 200 – 4-4-4-4 b/food.
2. Adrenalin 200 – 4-0-4 b/food.
3. Allium sativum 20 drops 3 hourly a/food.

25/5/19: 130/110MMHG. FEELING BETTER. BLEEDING ALSO BETTER. EAR BLOCK ALSO BETTER. WT – 78.8 KG.

RX:

1. NAT MUR 1M – 4 PILLS B/FOOD MNG
2. LYCO 1M – 4 PILLS B/FOOD AFTERNOON
3. ADRENALIN 1M – 4 PILLS NIGHT B/FOOD.
4. CRATEAGUS 30/BELL200/GLONINE 200- 4-0-4 B/FOOD.DISC
5. ALLIUM SAT/CRATEAGUS – 15 TID.

14/6/19: 140/110 mmhg. beter no complaints.

Rx:

1. Sulphur 1m – 1 dose.

9/8/19:no bleeding much. Ocassional drops. No sweating and palpitations. Burning sensation and abd pain on n off in the tummy. Scared tht he may get ulcer. Bitter taste in mouth. Snoring is more. Blackish dark circles. 79.5kg. bp: 150/110 mmhg.

Rx:

1. Nat phos 200 – 4-4-4 b/food.
2. Thuja 200 – 4-0-4 b/food. disc
3. Opium 1m/phos1m /hamamelis1m – 4morning b/food.
4. Kurchi/geraniumQ – 15-15-15 a/food. Water.
5. Rauwolfia/crateagus – 15-0-15 drops a/food. Water.
6. Lachesis 0/1 – 4-0-4 b/food.